

## KENT CYCLING ASSOCIATION RACING REPORT - 2009

I'm happy to report that the Association has gone from strength to strength in 2009. In the 9 events that we promoted throughout the season we received a total of 673 entries, 71 up on last year. When we reduced the number of our promotions to 9 events back in 2002 we had a meagre 372 entries and in the intervening years since then we have increased that total each year.

First up came the traditional season-opener, the 3-up on Harrietsham, and under the expert guidance of Ted Hill we achieved a full field of 120 for the second successive season. Top team was the VC Elan - Harry Perry Cycles trio of Paul Burrows, Phil Bull, Gary Birch in a very respectable time of 54.36 from Kent Cycles Road Club (Antony Bee, Garry Banfield, Malcolm Davies) and Rye and District Wheelers CC (David Wheeler, Steve Gooch, Barry Goodsell).

In our opening 25 in May (promoted by yours truly) we came very close to a successive full field, with 111 riders on the start sheet. After their success in the 3-up, VC Elan - Harry Perry Cycles were rampant in this event, as they occupied the first FIVE places. Paul Burrows headed the field with 55.09 and amazingly only 63 seconds separated the top five.

Next up was Graeme Moir's 10 on a very tough day on Harrietsham and the Elan boys continue to dominate with Gary Birch coming home in 21.38 from Kevin Tye (21.45) and Paul Burrows (21.49). Carole Gandy took the Ladies (24.55) and Veteran's (+7.51) awards. The event was promoted by the Gravesend CC and comeback man Michael Coulter put them among the medals with a 47 second LTS improvement to take the top award in this category.

Our first 50 produced another good entry of 90 and Jim Hollands and his Rye stalwarts again put on another faultless promotion. Unfortunately the weather was not on our side and the early torrential rain saw a total of 27 riders failing to report to the timekeeper. A shame, because when the rain finally cleared it left a super-fast morning as witnessed by David Wheeler's winning time of 1.50.46, little over a minute short of Kevin Tye's course record. Rye and District Wheelers CC were dominant in the best improvement section with David Bryant, Julie Bryant and Alison Steed making a clean sweep of the medals.

Good conditions also graced our 100 in June and we saw a fierce battle for top honours with less than 2 minutes separating the top three. Andy Miles was victorious with a PB of 4.03.57 from Gary Birch (4.04.28) and David Wheeler (4.05.38). Suzanne Hilton (Greenwich Tritons Tri Club) took the top lady award in 5.03.58 and Phil Bull was top vet with a plus of 76.43. Winner Andy Miles will see the other side of the coin next year as he has agreed to replace me as Event Secretary for the 2010 event.

With disappointing entries over the past two years doubt was cast about the suitability of the Betteshanger circuit. But thanks to promoter Chris Bax's perseverance we saw a remarkable turnaround this year as we received a total of 63 entries, including the GHS, which was almost as much as we had for the past two years combined. I rode the circuit myself for the first time and found it to be an excellent venue. I was expecting it to be a very tough circuit, but as the time triallists go the opposite way around to the roadmen then the only hill of any significance goes down. Plus there is the added bonus of a totally traffic free ride - and there's not a pot-hole to be seen! So mark this event in your calendar for 2010. Paul Burrows won the event in 22.14 from Jon Lyons (22.46) and Mark Hill (22.53). Medway Velo Club use this event to host their Club Championships and were rewarded by repeating last year's team win. And your Time Trial Secretary picked up his very first KCA "gold" when he came first in the Veteran's category with a plus of 5.18.

Next up was the 12 hour and this event maintained its popularity with 61 entries, our highest since 2003. We were again blessed with good conditions and saw a total of 9 riders beating the 240 mile barrier. Richard Masters capped a very successful season to win the event at his first attempt with a distance of 257.977 miles. Despite a broken chain, second place went to Andy Miles with 255.757 and Ian Sutton was 3rd with 253.307. Riders have a variety of reasons for entering the toughest race in our calendar, but the most admirable are those who suffer 12 hours of agony just to raise money for charity. One such rider was Reg Smith who was championing the cause of Demelza House. Even though it was, for him, a "charity" event he was as competitive as ever as his distance of 236.13 earned him first place in the Veteran's category with a plus of 47.69. De Laune's Malcolm Adams rode the event for the same charity and was more than satisfied with his 196.486. A special mention goes to Bronwen Ewing as her distance of 224.216 was a pb by almost 20 miles and took her very

close to Sue Barrett's KCA record of 228.900, set in 2000. She was also the 2nd marker in Rye and District Wheelers CC's winning team.

Being a counting event for the SPOCO series again boosted the entry for the Roy Enfield 50 in August. Harrietsham is known to be a pretty unforgiving course, but this didn't deter Malcolm Davies (Kent Cycles Road Club) as he went round in 1.55.11 to set a new course record. Supported by Antony Bee and Garry Banfield, Kent Cycles Road Club also took the team award. Shay Giles (VC Elan - Harry Perry Cycles) took the Veteran's award with a plus of 35.48.

Our last event, promoted as usual by Ian Ferrell, was won by David Wheeler in a respectable time of 54.57, ahead of Kevin Tye (ODSL.com Racing) on 55.28. Phil Bull took 3rd place with 57.03 and led the VC Elan - Harry Perry Cycles to their 6th team win of the season in KCA Events.

On now to our BAR Championships and at his first attempt David Wheeler will be our 2009 Champion. Andy Miles and Ian Sutton maintained their 2nd and 3rd places from last year and if you compare their overall averages with last year's you will get the measure of how much each rider has improved in the last 12 months.

There is little doubt that VC Elan - Harry Perry Cycles were the dominant team in 2009 and they were comfortable winners in the Team BAR. San Fairy Ann CC came second with Rye and District Wheelers CC in third spot.

Max Nunn has very kindly donated a trophy to the Association and in recognition of this we have introduced a Short Distance Team BAR Competition and it is perhaps fitting that the first recipient of the trophy is the VC Elan - Harry Perry Cycles team.

As expected, Carole Gandy retained her Ladies title, but San Fairy Ann CC showed strength in depth as they occupied the remaining four places in the table. In recent year's more and more ladies are prepared to tackle the longer distances and, in recognition of this, at last year's AGM we agreed to introduce a Long Distance Ladies BAR over the distances 25, 50 and 100 miles. Carole topped the inaugural table and it was encouraging to see four other ladies completing the qualifying distances.

Shay Giles was once again victorious in the Veteran's BAR. It has often been said that Veteran's awards are all about the "oldies", but there is a change afoot in the Vet's BAR table. At 41 years of age David Wheeler occupied 2nd spot in the table. Andy Miles, a year younger, took 3rd place and in the seven years that I have been compiling the tables this is the highest position ever achieved by a first-year Vet. It won't be too long before Shay is "looking over his shoulder".

In his first year of racing, David Godden (Ashford Wheelers CC) posted some very respectable times to take the Junior Championship.

Last, but not least, we have a new name on our roll call of Hill Climb champions. Seth Kay of RaceWheelsUK.com, who only affiliated this year, went up Hollingbourne Hill in 3m 30.3s to take the title.

Finally, I would like to pay tribute to all of the riders, promoters and helpers that made 2009 so successful and I hope that we have an even better year in 2010.

John Clegg  
Time Trial Secretary

## TROPHY WINNERS - 2009

The Sir George Collins Challenge Trophy <i>(awarded to the winner of the Senior BAR Competition)</i>			
David Wheeler	Rye and District Wheelers CC		24.970 mph
The Kent Cycling Association Road Team Championship <i>(awarded to the team winners of the Senior BAR)</i>			
Andy Miles Colin Birch Shay Giles	VC Elan - Harry Perry Cycles		23.486 mph
The A J Hill Ladies Championship Bowl <i>(awarded to the winner of the Ladies BAR Competition)</i>			
Carole Gandy	Kent Cycles RC		23.872 mph
The Ladies Team Championship Shield <i>(awarded to the team winners of the Ladies BAR Competition)</i>			
Sarah Sutton Kathryn Bosley	San Fairy Ann CC		21.312 mph
The Kingston Cup <i>(awarded to the winner of the Veterans' BAR Competition on age standard)</i>			
Shay Giles	VC Elan - Harry Perry Cycles		+5.021 mph
The Harry Perry Cycles Trophy <i>(awarded to the winner of the Short Distance BAR Competition)</i>			
David Wheeler	Rye and District Wheelers CC		27.847 mph <i>(Record)</i>
The Max Nunn Trophy <i>(awarded to the winners of the Short Distance Team BAR Competition)</i>			
Gary Birch Andy Miles Phil Bull	VC Elan - Harry Perry Cycles		26.740 mph
The Lou Bathurst 12-hour Trophy <i>(awarded to the winner of the Open 12-hour Event)</i>			
Richard Masters	Wigmore CC		257.977 miles
The Bray Trophy <i>(awarded to the winning Club Team in the Open 12-hour Event)</i>			
David Wheeler Barry Goodsell Bronwen Ewing	Rye and District Wheelers CC		718.548 mph
The Hinds Challenge Trophy <i>(awarded to the fastest ride in a KCA 100-mile Time Trial)</i>			
Andy Miles	VC Elan - Harry Perry Cycles		4.03.57
The Larry Knott Memorial Trophy <i>(awarded to the fastest ride in a KCA 50-mile Time Trial)</i>			
David Wheeler	Rye and District Wheelers CC		1.50.46
The Roy Enfield Memorial Trophy <i>(awarded to the winner of the Roy Enfield Memorial 50)</i> <i>(owned by Medway Velo Club)</i>			
Malcolm Davies	Kent Cycles Road Club		1.55.11
The Sittingbourne CC Ladies Cup <i>(awarded to the fastest ride in a KCA 25-mile Time Trial by a lady)</i>			
Carole Gandy	Kent Cycles RC		1.03.22
The Sittingbourne CC Ladies Shield <i>(awarded to the fastest ride in a KCA 10-mile Time Trial by a lady)</i>			
Carole Gandy	Kent Cycles RC		24.55
Rootes Challenge Trophy <i>(awarded to the Club with the most points in the Reliability Trial)</i>			
Tba			

## PLAQUE WINNERS - 2009

### Senior Best All Rounder Championship

David Wheeler                      Rye and District Wheelers CC                      24.970 mph

### Veterans' Best All Rounder Championship

Shay Giles                              VC Elan - Harry Perry Cycles                      +5.021 mph

### Short Distance Best All Rounder Championship

David Wheeler                      Rye and District Wheelers CC                      27.847 mph  
*(Record)*

### Ladies Short Distance Championship

Carole Gandy                              Kent Cycles RC                              23.872 mph

### Ladies Long Distance Championship

Carole Gandy                              Kent Cycles RC                              22.814 mph

### Junior /Juvenile Best All Rounder Championship

David Godden                              Ashford Wheelers CC                              24.483 mph

### Glad Mills Plaque for the 1st Lady in the 12-hour

Bronwen Ewing                              Rye and District Wheelers CC                              224.216 miles

### Hill Climb Championship

Seth Kay                                      RaceWheelsUK.com                              3m 30.3s

## BEST ALL ROUNDER CHAMPIONSHIPS - 2009

### Senior

	<b>Name</b>	<b>Club</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>12 hour</b>	<b>mph</b>
1	David Wheeler	Rye and District Wheelers CC	00.54.36	01.50.46	04.05.38	250.761	24.970
2	Andy Miles	VC Elan - Harry Perry Cycles	00.55.10	01.52.41	04.03.57	255.757	24.930
3	Ian Sutton	San Fairy Ann CC	00.55.51	01.56.50	04.09.40	253.307	24.419
4	Richard Masters	Wigmore CC	00.59.06	02.00.36	04.07.36	257.977	23.997
5	Stephen Berry	San Fairy Ann CC	00.59.26	02.01.09	04.12.57	245.524	23.545
6	Colin Birch	VC Elan - Harry Perry Cycles	00.59.18	02.00.05	04.22.28	226.312	22.999
7	Michael Pumphrey	Thornton RC	01.03.30	02.05.55	04.26.28	244.653	22.588
8	Shay Giles	VC Elan - Harry Perry Cycles	01.02.35	02.03.36	04.26.26	232.281	22.529
9	David Stocker	San Fairy Ann CC	01.00.40	02.13.03	04.42.55	214.628	21.592
10	Richard Claxton	VC Elan - Harry Perry Cycles	01.09.26	02.24.30	05.05.58	214.418	19.961
11	Sarah Sutton	San Fairy Ann CC	01.09.54	02.23.25	05.03.08	208.369	19.883
12	Alec Mayes	Ashford Wheelers CC	01.08.13	02.21.39	05.26.03	203.423	19.631
13	Andrew Nye *	Ashford Wheelers CC	01.09.41	02.33.55	05.30.17	185.586	18.662
14	Carolyn Hawkes	San Fairy Ann CC	01.13.11	02.29.20	05.40.11	187.207	18.456
15	David Bryant	Rye and District Wheelers CC	01.17.47	02.33.01	05.38.14	187.460	18.063
16	Jim Hollands	Rye and District Wheelers CC	01.15.40	02.36.33	05.46.45	190.154	18.034

\* Andrew Nye's 12 hour ride was done on a Trike

### Senior Team

	<b>Club</b>	<b>Names</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>12 hour</b>	<b>mph</b>
1	VC Elan - Harry Perry Cycles	Andy Miles	00.55.10	01.52.41	04.03.57	255.757	24.930
		Colin Birch	00.59.18	02.00.05	04.22.28	226.312	22.999
		Shay Giles	01.02.35	02.03.36	04.26.26	232.281	22.529
		Total					70.458
		Average					23.486
2	San Fairy Ann CC	Ian Sutton	00.55.51	01.56.50	04.09.40	253.307	24.419
		Stephen Berry	00.59.26	02.01.09	04.12.57	245.524	23.545
		David Stocker	01.00.40	02.13.03	04.42.55	214.628	21.592
		Total					69.556
		Average					23.185
3	Rye and District Wheelers CC	David Wheeler	00.54.36	01.50.46	04.05.38	250.761	24.970
		David Bryant	01.17.47	02.33.01	05.38.14	187.460	18.063
		Jim Hollands	01.15.40	02.36.33	05.46.45	190.154	18.034
		Total					61.067
		Average					20.356

### Ladies Short Distance

	<b>Name</b>	<b>Club</b>	<b>10</b>	<b>25</b>	<b>50</b>	<b>Mph</b>
1	Carole Gandy	Kent Cycles Road Club	00.24.03	01.03.22	02.10.27	23.872
2	Sarah Sutton	San Fairy Ann CC	00.26.47	01.09.54	02.23.25	21.593
3	Kathryn Bosley	San Fairy Ann CC	00.26.03	01.11.41	02.36.47	21.031
4	Carolyn Hawkes	San Fairy Ann CC	00.28.31	01.13.11	02.29.20	20.542
5	Bernadette Conefrey	San Fairy Ann CC	00.28.38	01.14.35	02.39.35	19.955

### Ladies Short Distance Team

	<b>Club</b>	<b>Name</b>	<b>10</b>	<b>25</b>	<b>50</b>	<b>Mph</b>
1	San Fairy Ann CC	Sarah Sutton	00.26.47	01.09.54	02.23.25	21.593
		Kathryn Bosley	00.26.03	01.11.41	02.36.47	21.031
		Total				42.624
		Average				21.312
2	San Fairy Ann CC	Carolyn Hawkes	00.28.31	01.13.11	02.29.20	20.542
		Bernadette Conefrey	00.28.38	01.14.35	02.39.35	19.955
		Total				40.497
		Average				20.249

### Short Distance

	<b>Name</b>	<b>Club</b>	<b>10</b>	<b>25</b>	<b>50</b>	<b>mph</b>
1	David Wheeler	Rye and District Wheelers CC	00.20.42	00.54.36	01.50.46	27.847 <i>(Record)</i>
2	Kevin Tye	ODSL.com Racing	00.21.45	00.53.26	01.52.16	27.460
3	Gary Birch	VC Elan - Harry Perry Cycles	00.21.38	00.55.36	01.54.51	26.945
4	Andy Miles	VC Elan - Harry Perry Cycles	00.22.31	00.55.10	01.52.41	26.820
5	Ian Sutton	San Fairy Ann CC	00.21.45	00.55.51	01.56.50	26.707
6	Phil Bull	VC Elan - Harry Perry Cycles	00.21.44	00.55.43	02.00.47	26.456
7	Reg Smith	DCB Kent / DCB Kent Ltd.	00.22.35	00.57.37	01.59.26	25.907
8	Garry Banfield	Kent Cycles Road Club	00.22.02	00.57.56	02.03.26	25.809
9	Richard Masters	Wigmore CC	00.22.16	00.59.06	02.00.36	25.734
10	Stephen Berry	San Fairy Ann CC	00.22.22	00.59.26	02.01.09	25.609
11	Martin Apps	GS Invicta - Eye Level Optical	00.23.02	00.59.44	02.07.25	24.902
12	Mark Hill	ODSL.com Racing	00.22.53	00.59.55	02.08.56	24.841
13	Graham Terry	Kent Cycles Road Club	00.23.47	00.59.45	02.05.37	24.738
14	Shay Giles	VC Elan - Harry Perry Cycles	00.23.07	01.02.35	02.03.36	24.732
15	Simon Henderson	Thanet RC	00.23.30	01.00.09	02.07.01	24.696
16	Peter Thomas	West Kent RC	00.22.40	01.00.42	02.12.39	24.600
17	Neil Stanley	Sydenham Wheelers	00.24.27	00.59.44	02.09.08	24.295
18	Mark Wright	DCB Kent / DCB Kent Ltd.	00.23.27	01.02.23	02.10.18	24.218
19	Clive Nye	San Fairy Ann CC	00.23.40	01.02.49	02.08.58	24.164
20	Dave Stocker	San Fairy Ann CC	00.23.58	01.00.40	02.13.03	24.103
21	Carole Gandy	Kent Cycles Road Club	00.24.03	01.03.22	02.10.27	23.872
22	Michael Gore	San Fairy Ann CC	00.24.35	01.03.43	02.08.22	23.773
23	Christopher Bax	VC Deal	00.25.08	01.02.15	02.11.40	23.585
24	Michael Coulter	Gravesend CC	00.24.56	01.03.37	02.11.58	23.459
25	Jeremy Temple	Rye and District Wheelers CC	00.24.49	01.04.06	02.14.00	23.322
26	David Godden	Ashford Wheelers CC	00.23.09	01.04.11	02.28.05	23.183
27	Andy Burrows	Thanet RC	00.26.05	01.04.48	02.22.54	22.382
28	John Bosley	San Fairy Ann CC	00.25.11	01.08.14	02.21.56	22.315
29	James Davey	London Fire Brigade CC	00.26.29	01.07.50	02.26.17	21.759
30	Colin Inett	Thanet RC	00.26.32	01.08.29	02.27.33	21.616
31	Sarah Sutton	San Fairy Ann CC	00.26.47	01.09.54	02.23.25	21.593
32	Keith Ward	Gravesend CC	00.27.22	01.09.16	02.26.52	21.335
33	Stanley Franklin	Medway Velo Club	00.26.53	01.10.58	02.32.23	21.048
34	Kathryn Bosley	San Fairy Ann CC	00.26.03	01.11.41	02.36.47	21.031
35	Andrew Nye	Ashford Wheelers CC	00.28.30	01.09.41	02.33.55	20.690
36	Carolyn Hawkes	San Fairy Ann CC	00.28.31	01.13.11	02.29.20	20.542
37	Clinton Maisey	Wigmore CC	00.27.47	01.12.51	02.35.08	20.507
38	Bernadette Conefrey	San Fairy Ann CC	00.28.38	01.14.35	02.39.35	19.955
39	Mike Perry	San Fairy Ann CC	00.29.33	01.18.20	02.50.02	19.033

### Short Distance Team

Club	Name	10	25	50	Mph
1 VC Elan - Harry Perry Cycles	Gary Birch	00.21.38	00.55.36	01.54.51	26.945
	Andy Miles	00.22.31	00.55.10	01.52.41	26.820
	Phil Bull	00.21.44	00.55.43	02.00.47	26.456
	Total				80.221
	Average				26.740
2 Kent Cycles Road Club	Garry Banfield	00.22.02	00.57.56	02.03.26	25.809
	Graham Terry	00.23.47	00.59.45	02.05.37	24.738
	Carole Gandy	00.24.03	01.03.22	02.10.27	23.872
	Total				74.419
	Average				24.806
3 San Fairy Ann CC	Ian Sutton	00.21.45	00.55.51	01.56.50	26.707
	Stephen Berry	00.22.22	00.59.26	02.01.09	25.609
	Clive Nye	00.23.40	01.02.49	02.08.58	24.164
	Total				76.480
	Average				25.493
4 Thanet RC	Simon Henderson	00.23.30	01.00.09	02.07.01	24.696
	Andy Burrows	00.26.05	01.04.48	02.22.54	22.382
	Colin Inett	00.26.32	01.08.29	02.27.33	21.616
	Total				68.694
	Average				22.898

### Ladies Long Distance

Name	Club	25	50	100	mph
1 Carole Gandy	Kent Cycles Road Club	01.03.22	02.10.27	04:35:35	22.814
2 Sarah Sutton	San Fairy Ann CC	01.09.54	02.23.25	05.03.08	20.723
3 Carolyn Hawkes	San Fairy Ann CC	01.13.11	02.29.20	05.40.11	19.408
4 Liz King	Rye and District Wheelers CC	01.16.45	02.34.40	05.26.41	18.436
5 Alison Steed	Rye and District Wheelers CC	01.25.08	02.48.06	06.07.42	17.266

### Junior

Name	Club	10	10	25	25	Ave
1 David Godden	Ashford Wheelers CC	00.23.09	00.23.52	01.04.11	01.04.34	24.483

### Veteran's

Name	Club	Age	25	50	100	12 hr	+/- (mph)
1 Shay Giles	VC Elan - Harry Perry Cycles	64	01.02.35	02.03.36	04.26.26	232.281	+5.021
2 David Wheeler	Rye and District Wheelers CC	41	00.54.36	01.50.46	04.05.38	250.761	+4.182
3 Andy Miles	VC Elan - Harry Perry Cycles	40	00.55.10	01.52.41	04.03.57	255.757	+3.986
4 Richard Masters	Wigmore CC	43	00.59.06	02.00.36	04.07.36	257.977	+3.519
5 Michael Pumphrey	Thornton RC	49	01.03.30	02.05.55	04.26.28	244.653	+3.006
6 Richard Claxton	VC Elan - Harry Perry Cycles	65	01.09.26	02.24.30	05.05.58	214.418	+2.581
7 Colin Birch	VC Elan - Harry Perry Cycles	43	00.59.18	02.00.05	04.22.28	226.312	+2.521
8 Alec Mayes	Ashford Wheelers CC	63/4	01.08.13	02.21.39	05.26.03	203.423	+2.088
9 Dave Stocker	San Fairy Ann CC	44/5	01.00.40	02.13.03	04.42.55	214.628	+1.298
10 Jim Hollands	Rye and District Wheelers CC	70	01.15.40	02.36.33	05.46.45	190.154	+1.288
11 Andrew Nye *	Ashford Wheelers CC	53	01.09.41	02.33.55	05.30.17	185.586	-0.006
12 David Bryant	Rye and District Wheelers CC	46	01.17.47	02.33.01	05.38.14	187.460	-1.961
13 Carolyn Hawkes	San Fairy Ann CC	47	01.13.11	02.29.20	05.40.11	187.207	-0.267

\* Andrew Nye's 12 hour ride was done on a Trike